

Co-curricular Activities @ Canberra



Ms Jenny Soh (HOD PE/CCA) 2024

Welcome to Canberra Secondary School



CANBERRA SECONDARY SCHOOL

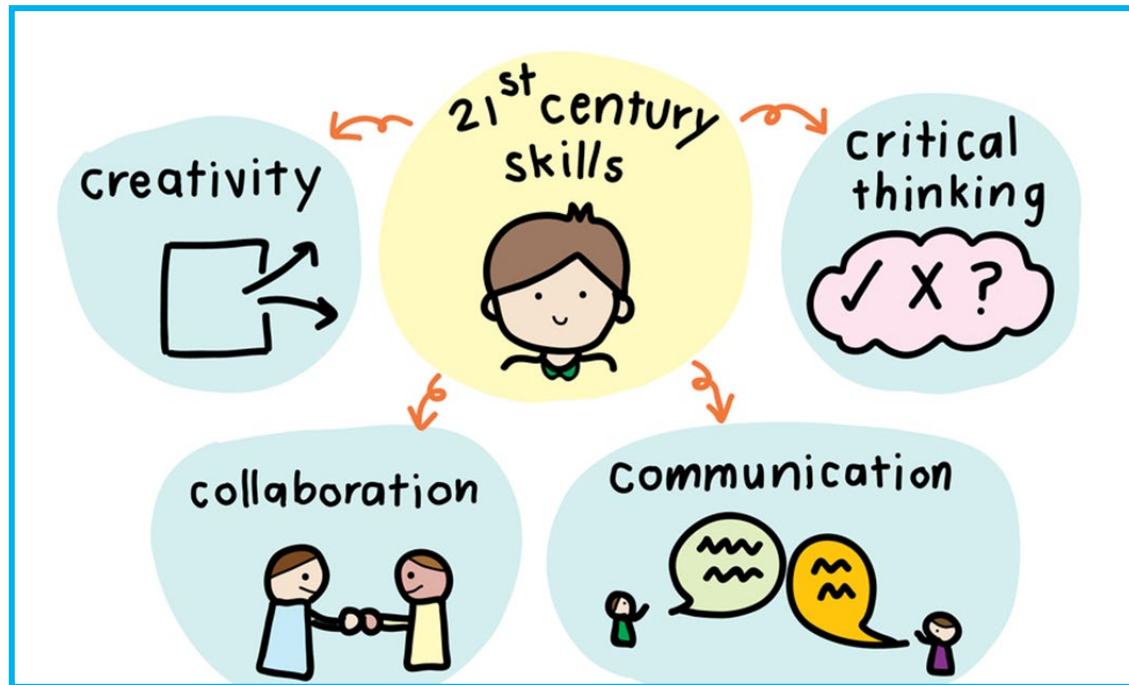
**NURTURING THE
FUTURE-READY**

CANBERRANS



Shaping The Future of Learning

Every Student a
Creator, a Connector
and a Contributor



MISSION:

**Growing
Minds,
Glowing
Hearts**





Growing Minds



Adaptive Thinking

- i. Assesses different contexts and situations in order to make connections and draw new insights
- ii. Manages complexities and ambiguities by adjusting one's perspective and strategies



Inventive Thinking

- i. Explores possibilities and generates novel and useful ideas
- ii. Evaluates and refines ideas to formulate novel and useful solutions



Effective Communication

- i. Effectively communicates information and co-constructs meaning
- ii. Engages empathetically with diverse perspectives



Civic Literacy

- i. Demonstrates understanding of values, ideals and issues of personal, community and national significance
- ii. Plays active and constructive roles to improve the school, community and nation

Learning for Life Programme (LLP):



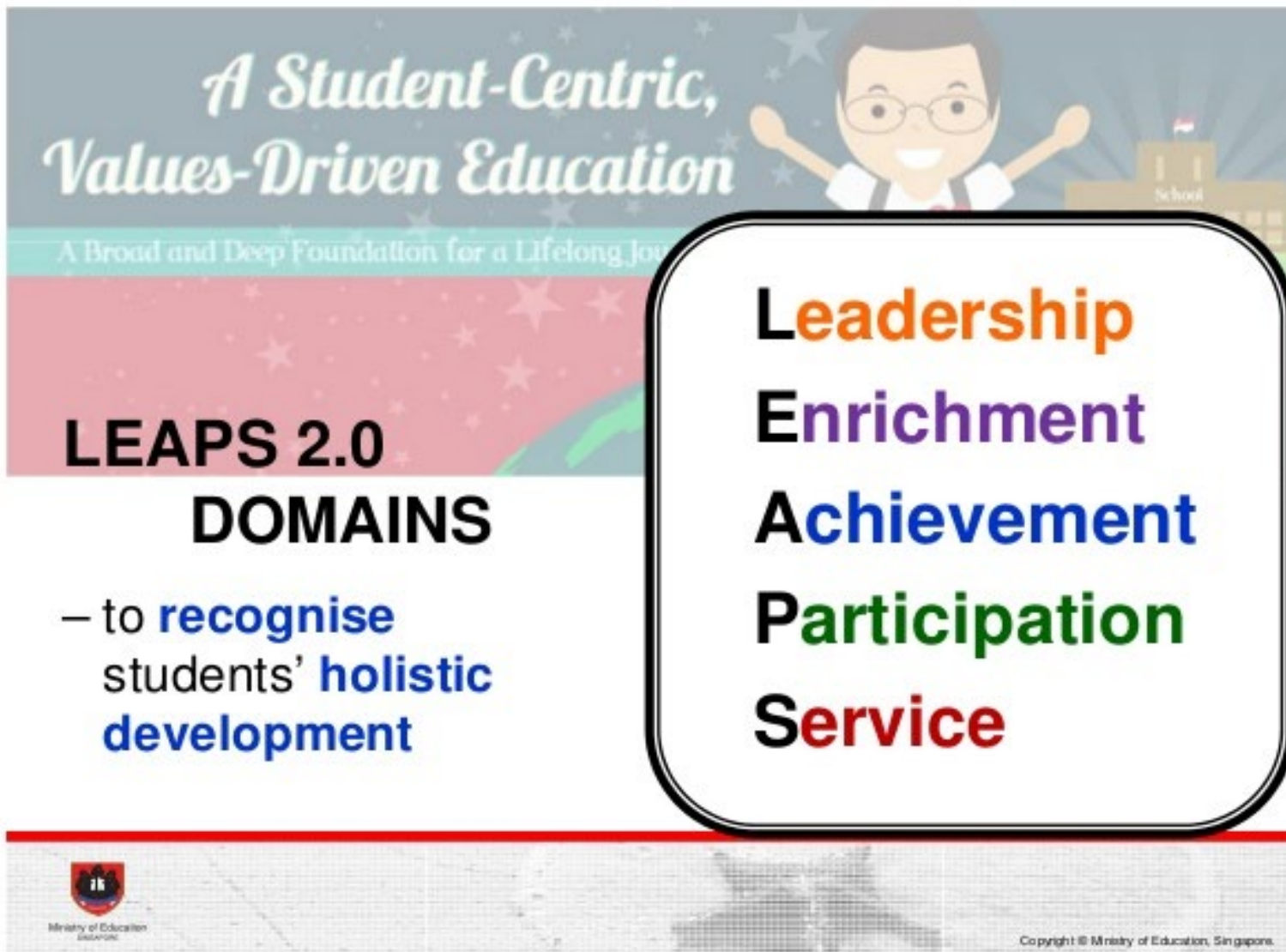
~ Glowing Hearts ~

Values: **G**ratITUDE. **R**espect. **C**ompassion

A Grateful Creator

A Respectful & Compassionate
Contributor

LEAPS 2.0 – CCA Grading Framework




*A Student-Centric,
Values-Driven Education*

A Broad and Deep Foundation for a Lifelong Journey

**LEAPS 2.0
DOMAINS**

– to recognise students' holistic development

Leadership
Enrichment
Achievement
Participation
Service


Ministry of Education
SINGAPORE

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The graphic features a background with a cartoon boy with glasses and arms raised, a school building, and a globe. The text is arranged in a structured layout with various colors and fonts to highlight the domains and their purpose.

Grade	Bonus Pts
Excellent	2
Good	1
Fair	0

- Leadership, Achievement, Participation, Service
- Level 3 for each category, and Level 4 for at least 1
- Participation $\geq 75\%$ each year
- **Excellent grade** is easily attainable if you participate actively and contribute to your CCA.

LEADERSHIP (Level of Attainment)

	Level 1	Level 2	Level 3	Level 4	Level 5
School-based Leadership Opportunities	<input type="checkbox"/> Completed 2 leadership modules of at least 3 hours each	<input type="checkbox"/> Class Committee <input type="checkbox"/> Committee for student-initiated or student-led projects, approved by school (or equivalent)	<input type="checkbox"/> Class Chairperson <input type="checkbox"/> Peer Support Leader <input type="checkbox"/> Committee for school-wide events ¹ <input type="checkbox"/> Chairperson/ Vice-Chairperson for student-initiated or student-led projects, approved by school (or equivalent)	<input type="checkbox"/> Chairperson/ Vice-Chairperson for school-wide events (or equivalent)	<input type="checkbox"/> Executive Committee ² of Student Council
		<input type="checkbox"/> Lower Sec CCA Committee (or equivalent)	<input type="checkbox"/> Lower Sec CCA Executive Committee <input type="checkbox"/> Upper Sec CCA Committee (or equivalent)	<input type="checkbox"/> Upper Sec CCA Executive Committee (or equivalent)	<input type="checkbox"/> CCA Captain/ Chairperson (or equivalent)
National Youth Achievement Award		<input type="checkbox"/> NYAA Bronze	<input type="checkbox"/> NYAA Silver and above		
Uniformed Groups (Rank)	<input type="checkbox"/> Lance Corporal (or equivalent)	<input type="checkbox"/> Corporal <input type="checkbox"/> Patrol Second <input type="checkbox"/> Assistant Patrol Leader (or equivalent)	<input type="checkbox"/> Sergeant <input type="checkbox"/> Patrol Leader (or equivalent)	<input type="checkbox"/> Staff Sergeant <input type="checkbox"/> Assistant Company Leader <input type="checkbox"/> Senior Patrol Leader (or equivalent)	<input type="checkbox"/> Warrant Officer <input type="checkbox"/> Master Sergeant <input type="checkbox"/> Station Inspector <input type="checkbox"/> Troop/ Company Leader (or equivalent)

ACHIEVEMENT (Level of Attainment)

	Level 1	Level 2	Level 3	Level 4	Level 5
Representation³	<input type="checkbox"/> Represented class / house / CCA at intra-school event ⁴	<input type="checkbox"/> Represented school / external organisation at local / international event ⁵ for 1 year	<input type="checkbox"/> Represented school / external organisation at local / international event for 2 years	<input type="checkbox"/> Represented school / external organisation at local / international event for 3 years or more <input type="checkbox"/> Represented UG HQ at international event ⁶	<input type="checkbox"/> Represented Singapore Schools at local / international competition <input type="checkbox"/> Represented Singapore at international event endorsed by national bodies <input type="checkbox"/> Represented National Project of Excellence ⁷ at local / international concert <input type="checkbox"/> Represented MOE at local / international event <input type="checkbox"/> Represented UG HQ at international competition
Accomplishment⁸			<input type="checkbox"/> Represented school / external organisation at local / international event and achieved the following (for 1 year): <ul style="list-style-type: none"> ○ Top 4 (or equivalent) team placing ○ Top 8 (or equivalent) individual placing ○ Gold/Silver/Bronze/Merit 	<input type="checkbox"/> Represented school / external organisation at local / international event and achieved the following (for 2 years or more): <ul style="list-style-type: none"> ○ Top 4 (or equivalent) team placing ○ Top 8 (or equivalent) individual placing ○ Gold/Silver/Bronze/Merit 	<input type="checkbox"/> Represented Singapore Schools/ National Project of Excellence/MOE at local / international competition OR <input type="checkbox"/> Represented Singapore at international event, endorsed by national bodies

	Level 1	Level 2	Level 3	Level 4	Level 5
			award / certification ⁸ (or equivalent) <ul style="list-style-type: none"> ○ SYF Arts Presentation Certificate of Distinction /Accomplishment ○ SYF Art Exhibition Certificate of Recognition (Special Mention) /Recognition ○ Presented original research paper / project accepted at the platform 	award / certification ¹¹ (or equivalent) <ul style="list-style-type: none"> ○ SYF Arts Presentation Certificate of Distinction /Accomplishment ○ SYF Art Exhibition Certificate of Recognition (Special Mention) / Recognition ○ Presented original research paper / project accepted at the platform 	AND achieved the following: <ul style="list-style-type: none"> ○ Top 4 (or equivalent) team placing ○ Top 8 (or equivalent) individual placing ○ Gold/Silver/Bronze award / certification (or equivalent) ○ Presented original research paper / project accepted at the platform
Uniformed Groups Achievement Badges	<input type="checkbox"/> Bronze Badge (or equivalent)	<input type="checkbox"/> Silver Badge (or equivalent)	<input type="checkbox"/> Gold Badge (or equivalent)	<input type="checkbox"/> Best Unit Cadet / Outstanding Cadet Award by UG HQ (or equivalent)	<input type="checkbox"/> Top Award for each UG (e.g. Camp Pinnacle Badge, President's Guide Award, Chief Commissioner's Award)

PARTICIPATION (Level of Attainment)

Level 1	Level 2	Level 3	Level 4	Level 5
<input type="checkbox"/> Participated in any CCA for 2 years with at least 75% attendance for each year	<input type="checkbox"/> Participated in any CCA for 3 years with at least 75% attendance for each year	<input type="checkbox"/> Participated in any CCA for 4 years with at least 75% attendance for each year	<input type="checkbox"/> Participated in any CCA for 5 years with at least 75% attendance for each year	
		<input type="checkbox"/> Participated in any CCA for 3 years with at least 75% attendance for each year and demonstrating exemplary conduct and active contribution	<input type="checkbox"/> Participated in any CCA for 4 years with at least 75% attendance for each year and demonstrating exemplary conduct and active contribution	<input type="checkbox"/> Participated in the <u>same</u> CCA for 4 years with at least 75% attendance for each year and demonstrating exemplary conduct and active contribution
			<input type="checkbox"/> Participated in the <u>same</u> CCA for 4 years with at least 75% attendance for each year	<input type="checkbox"/> Participated in the <u>same</u> CCA for 5 years with at least 75% attendance for each year

SERVICE (Level of Attainment)

Level 1	Level 2	Level 3	Level 4	Level 5
<input type="checkbox"/> At least 24 to less than 30 hours of service	<input type="checkbox"/> At least 30 to less than 36 hours of service	<input type="checkbox"/> At least 36 hours of service		
	<input type="checkbox"/> Completed at least one VIA project that impacts the school or community	<input type="checkbox"/> Completed at least two VIA projects that impact the school or community		
		<input type="checkbox"/> Completed at least 24 hours of service <u>and</u> at least one VIA project that impacts the school or community	<input type="checkbox"/> Completed at least 24 hours of service <u>and</u> at least two VIA projects that impact the school or community	<input type="checkbox"/> Completed at least 24 hours of service <u>and</u> at least one <u>student-initiated</u> VIA project that impacts the community beyond the school <u>and</u> at least one other VIA project

Note: One example of an approach to VIA is Service-Learning. Time spent on VIA projects, including the planning, service and reflection components, will count towards the minimum hours of service stated in the above criterion.

CCA Excellent Grade

**Percentage of Sec 4/5 Students with Excellent CCA Grade
(2 bonus points):**

	2020	2021	2022	2023
Target	100%	100%	100%	100%
Actual	85.1%	89.3%	86.5%	83.6%

Conduct*	School Attendance	Late coming	CCA Attendance	Serious Offence	Positive Behaviours
Excellent	More than 95%	0 – 2	90%	0	Student consistently demonstrates school values
Very Good	90% - 95%	3 – 4	80%	0	Student demonstrates school values most of the time
Good	90% - 95%	5 – 7	75%	0	Student generally demonstrates school values
Fair	Less than 90%	8 – 10	< 75%	1	Student seldom demonstrates school values
Poor	Below 60%	> 10	< 60%	2 or more	Student seldom demonstrates school values

*The students' conduct is assessed at the end of each semester. This is to allow students to reflect and improve on their conduct for the following semester.

CCA Attendance Matters

- On CCA (Mon/Wed/Sat)
 - If unable to attend, inform CCA teacher before session.
Submit valid document (if any).
- Following school day (Tue/Thu/Mon)
 - Submit valid document to CCA teacher (if any), before 8am.
- If not:
 - Marked as “absent without valid reason”.
 - Report to Mr Victor outside General Office after school for 2 hour CIA

2024 CCA Update

Sports

- Shooting (Air Pistol) @ Yishun SAFRA
- Taekwondo
- Netball
- Guitar Ensemble



CCAs offered to Sec 1 Students

Sports	Visual & Performing Arts	Uniformed Group
Badminton	Digital Media in Visual Arts Club (ALP)	Boys' Brigade (Boys)
Volleyball	Choir	Girls' Brigade (Girls)
Netball (Girls)	Concert Band	National Cadet Corps (Air)
Taekwondo	Dance	National Police Cadet Corps
Shooting (Air Pistol)	Guzheng Ensemble	National Civil Defence Cadet Corps
	Guitar Ensemble	

2024 CCA (Air Pistol)

- Join SAFRA Shooting Club membership

*Rates below inclusive of 8% GST	SAFRA	HTNS	Non-SAFRA Member Rates	
	Member Rate	Member Rate	Adult Term	Student Term
SAFRA Shooting Club Membership	\$64.60	\$162.50	\$162.50	\$108.00
Air Weapon Safety Course* (Chargeable per discipline) Air Pistol / Air Rifle	\$50.75	\$50.75	\$69.10	\$69.10

Rates are correct as on 5 Jan 2024



2024 CCA (Air Pistol)

- Book your child's training lane for each CCA session (3.30pm to 5.30pm)

MAIN RANGE PER DETAIL	CURRENT FEE	REVISED FEE
SAFRA Member	\$3.66	\$4.50
HTNS Member	\$3.66	\$4.50
Adult Term	\$4.58	\$5.70
Student Term	\$3.66	\$4.50

- Travel to Yishun SAFRA Air Weapons Range on your own and go back home on their own on all training sessions (2x a week)

2024 CCA (Taekwondo)

- Purchase of Taekwondo attire

White dobok: \$100

Soft Personal Protection Equipment : \$150
(at a later time)



2024 CCA Schedule

Monday

3.00pm – 5.30pm

All Sports
(except Taekwondo)

Wednesday

2.30pm – 6.00pm

NPCC, NCC (Air) &
NCDCC

2.30pm – 5.30pm

Sports & Visual
Performing Arts Group

Saturday

8.30am – 12.30pm

Boys' Brigade & Girls'
Brigade

2024 CCA Open House

S/No	Date	Activity
1	5 Jan (Fri)	Sec 1 CCA Open House
2	8 – 27 Jan (Mon/Wed/Sat)	CCA Trials and Selections
3	29 – 31 Jan (Mon – Wed)	PG Form opens for parents to select CCA
4	8 Feb (Thu)	Posting of CCA Allocation results PG + Classroom
5	14 Feb (Wed)	Commencement of CCA for Sec 1s

S/No	Date	Activity
1	5 Jan (Fri)	Sec 1 CCA Open House
2	8 – 27 Jan (Mon/Wed/Sat)	CCA Trials and Selections
3	29 – 31 Jan (Mon – Wed)	PG Form opens for parents to select CCA 30 Jan - Sec 1 CCs to remind students to submit
4	31 Jan (Wed)	Sec 1 CCs to issue hardcopy forms to students who have not chosen, to be returned on 2 Feb
5	8 Feb (Thu)	Posting of CCA Allocation results PG + Classroom
6	14 Feb (Wed)	Commencement of CCA for Sec 1s



CONTACT US

1. Respective CCA Teachers (Staff rooms 1/2)
2. Mr Whelan Chen (Staff room 2)
3. Ms Jenny Soh (HOD room)



