

CANBERRA SECONDARY SCHOOL

2025 GCE O Level Examination Results Release

14 January 2026

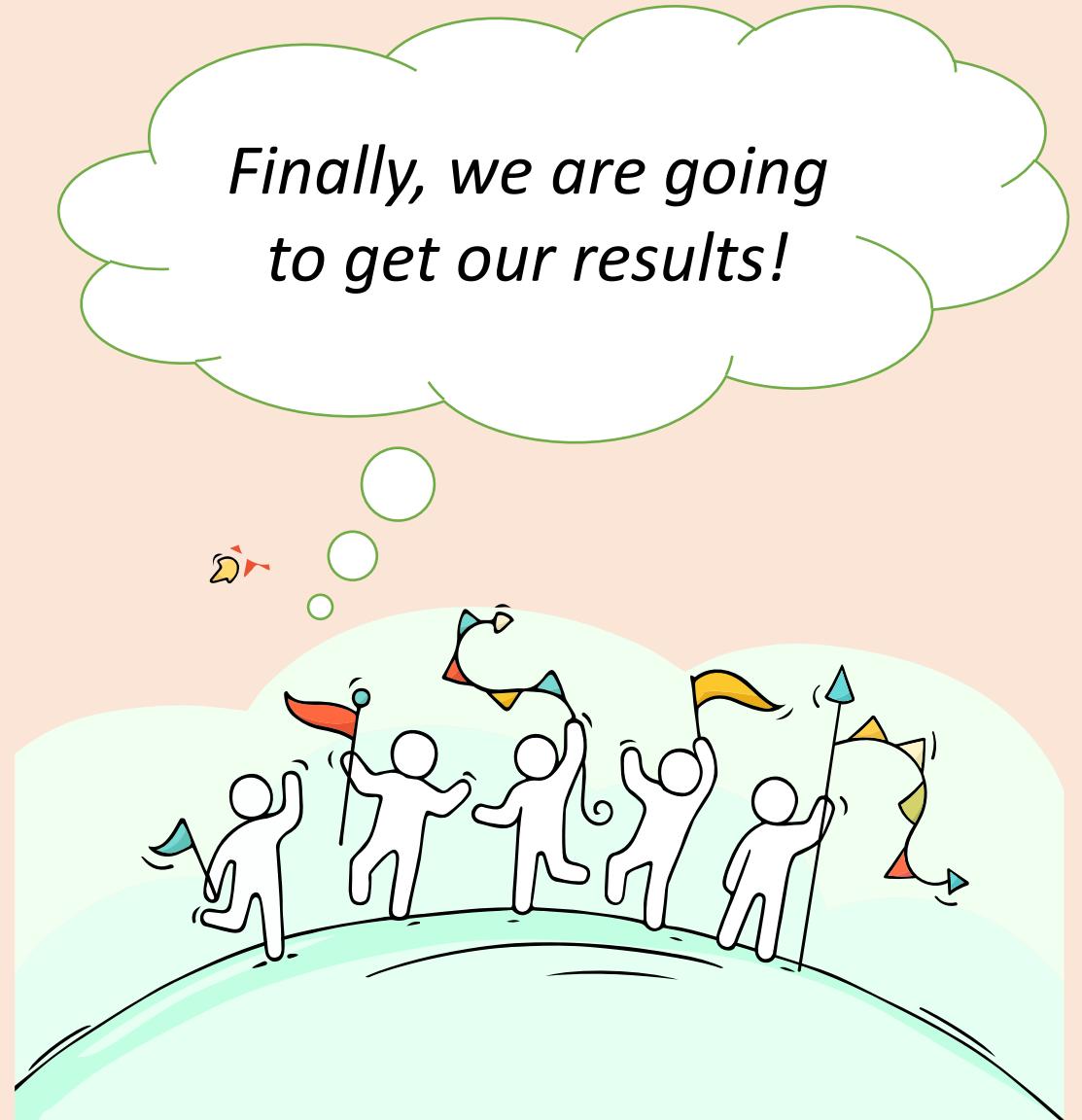


Welcome Back!



Dear students,

You have worked hard to reach this stage. Let's celebrate your efforts!



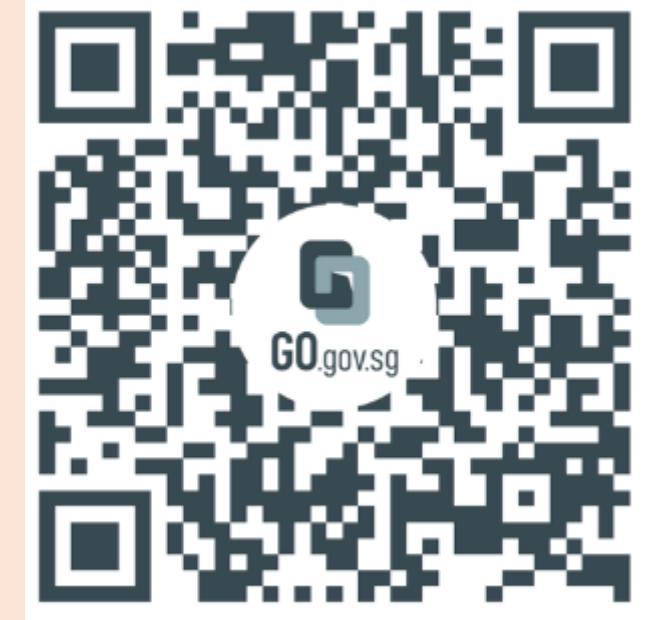
Remember that while everyone's educational journey is different, we can each have a fulfilling outcome!



Resources to support you as you receive your results

Receiving your results and making decisions about your post-secondary pathways can be exciting to some, but stressful to others.

Scan this QR code for an infographic with some helpful resources to support you.



<https://go.gov.sg/olevelstudentresource>



Thinking about Your Next Step?

Consider these questions...

In the infographic, you can find resources which can help you make informed decisions.

Where do I want to go?



PLANNING YOUR NEXT STEP

These resources will help you chart your path ahead:



- What's Next Brochure
<https://go.gov.sg/whats-next-olevel>



- MySkillsFuture Student Portal
<https://go.gov.sg/MySFSec>

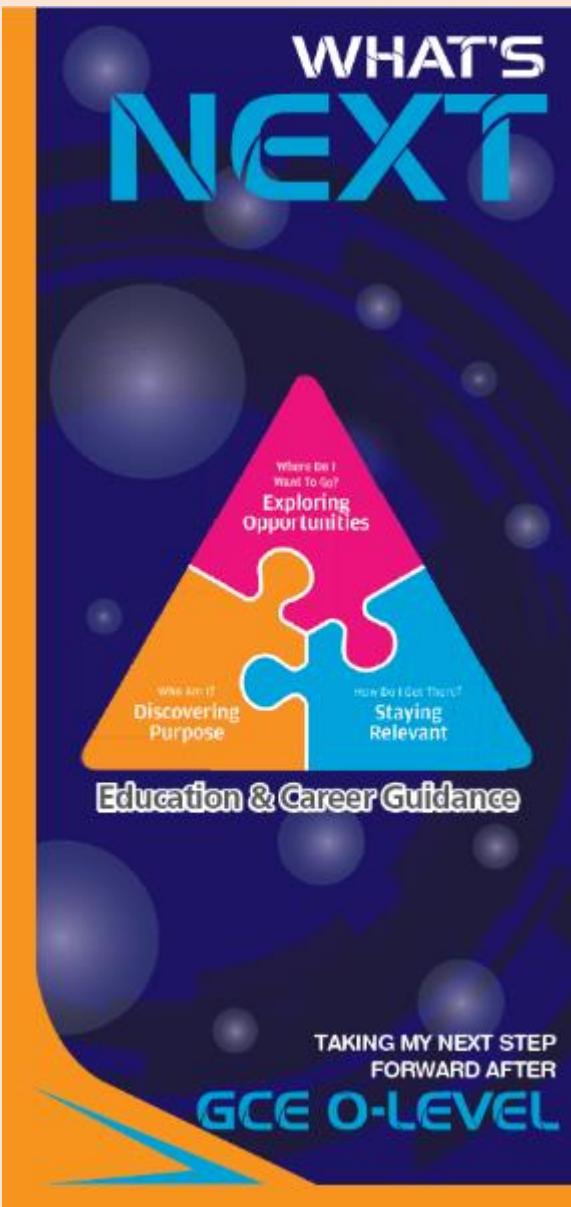


- Contact the ECG Centre @ MOE
<https://go.gov.sg/moe-ecg-centre>



- Chat with your school's ECG Counsellor

Resources to help you make informed decisions



PLANNING YOUR NEXT STEP

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MySkillsFuture Student Portal

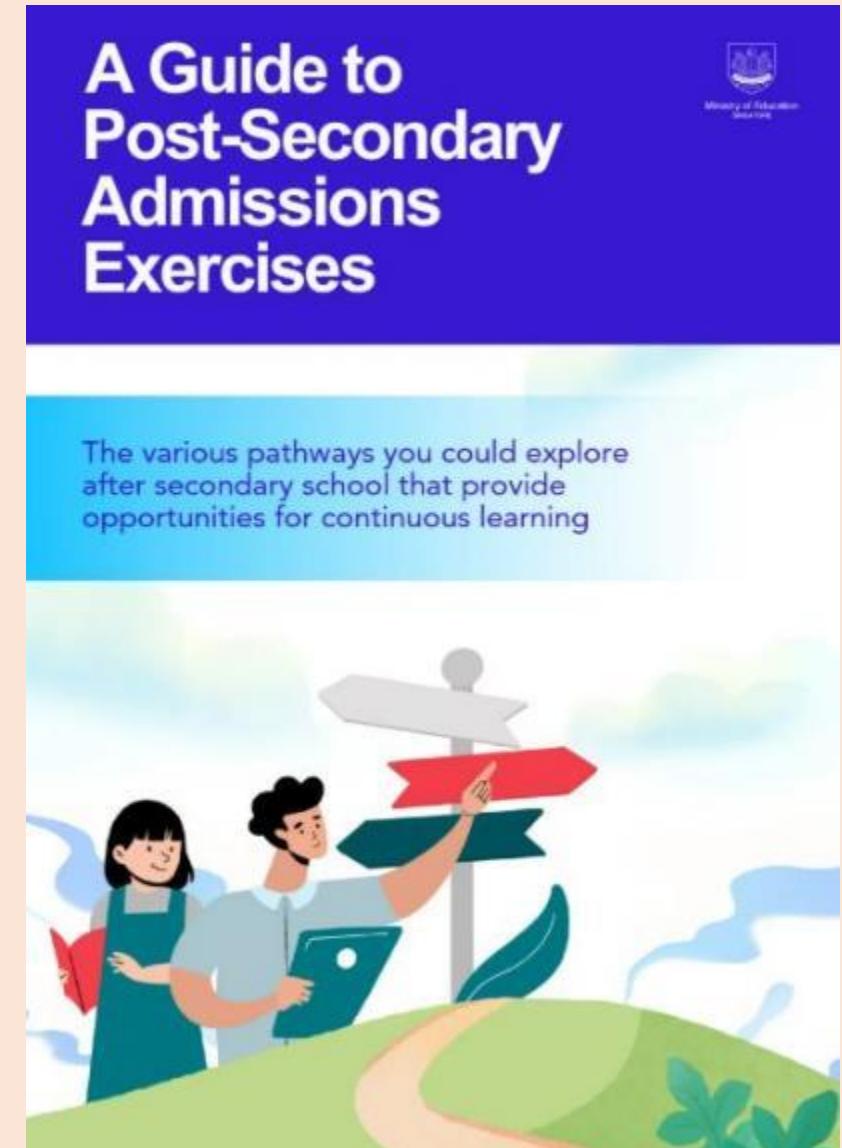
Use the information and tools to explore various education and career pathways and take charge of your future.

Details of Admissions Exercises

You can find the details of the various admissions exercises from the **Post-Secondary Admissions Exercises booklet** that can be downloaded from:

<https://www.moe.gov.sg/post-secondary/admissions>

- Joint Admissions Exercise (JAE)
- Joint Intake Exercise (JIE) 'O'
- Nanyang Academy of Fine Arts (NAFA)
- LASALLE College of the Arts (LASALLE)



Resources to help students make informed decisions

Learn more about the
post-secondary education institutions



<https://moe.gov.sg/post-secondary/overview>

Concerned About Your Next Steps?

Stop

- Calm yourself down. Take a few deep breaths.

Think

- Think through the different options that are available for you.

Do

- Have conversations with trusted adults who know you well to advise and guide you (parents, teachers, ECG Counsellor).
- Decide and act based on your options.

Managing your emotions

When you receive your results, you may experience a range of emotions.

Managing these emotions well will allow you to stay calm and make rational decisions.

Reaching out for support is a sign of strength

If you have questions about your options or are not coping well, you can reach out to trusted adults such as your parent/guardian, teacher, School Counsellor or ECG Counsellor. You can also talk to a trusted friend.



Who can we go to for ECG advice?

Make an appointment to speak with your ECG Counsellor in school

OR

The ECG Centre @ MOE offers online or phone ECG counselling services. Make an appointment via go.gov.sg/moe-ecg-centre



Canberra Sec ECG Counsellor Booking Appointment Details

Education & Career Guidance (ECG) Counsellor Appointment Booking Detail

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O Level Support
Phone Call / Zoom / Ms Teams



You may reach me at:
<https://go.gov.sg/cbss-ecg-booking> or
Email me: Soong_Xuan_De@schools.gov.sg

Have a chat with your friendly ECG Counsellor!

- Who Am I?
- Where do I want to go?
- How do I get there?



ECG



If help is needed, please make an appointment quickly as you need to submit your 12 choices within a short period of time!

If your preferred date and time is taken up, just make an appointment first and Mr. Soong will reach out to you for another arrangement as soon as possible.

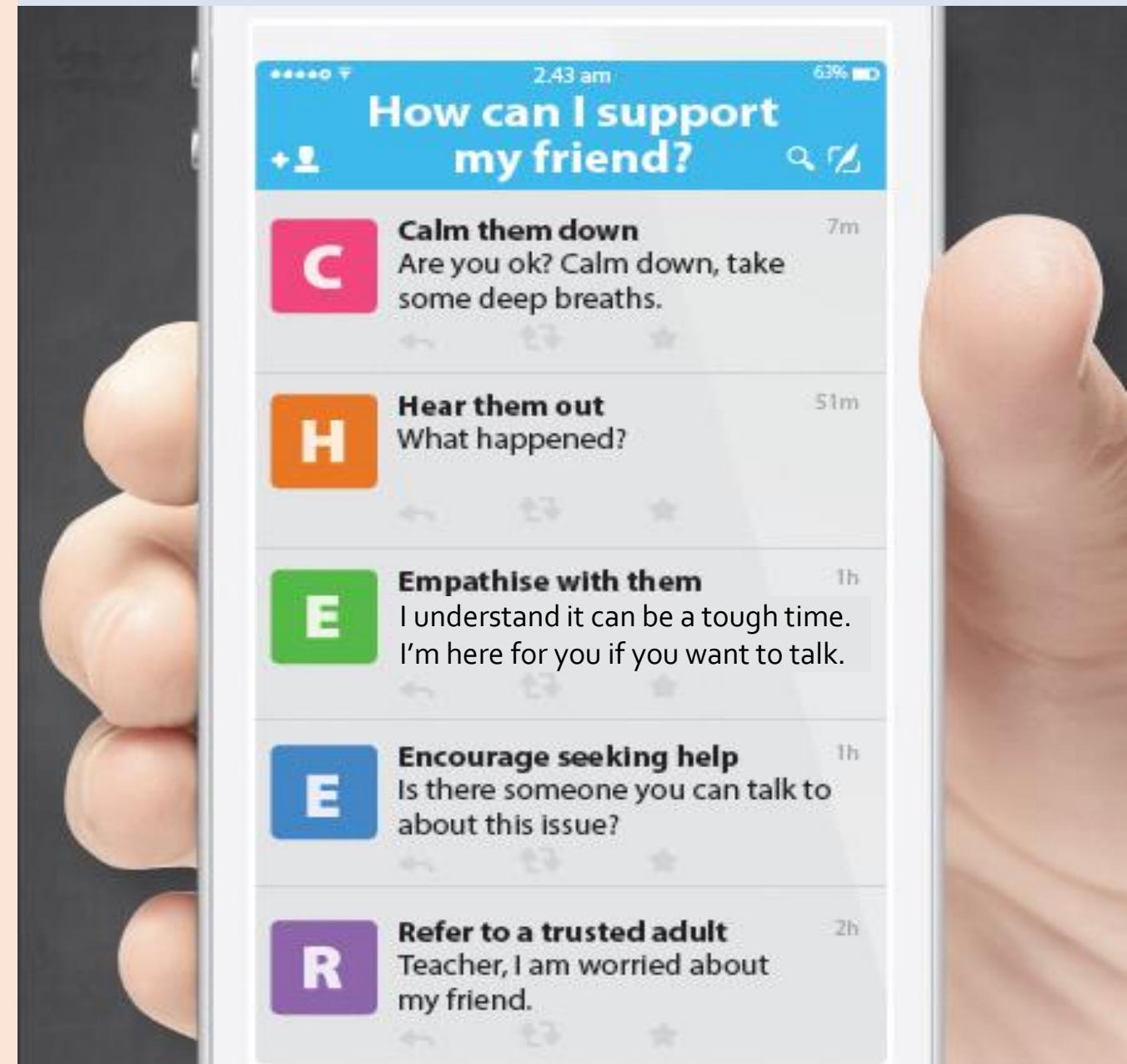
All the best to you!

Supporting Your Friend

- We may each experience different emotions upon receiving the results.
- You can share your friends' joy by congratulating them.
- If your friends appear to be disappointed with their results, encourage them.
- Alert a teacher if you are worried for them.



Keep a lookout for your friends in distress. You can support them in the following ways:



Keep a lookout for some of these signs in your peers or in yourself

How can we support one another?



Having difficult emotions during a stressful and uncertain period is normal. Keep a look out for some of these signs:

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Deliberately avoiding others

Increased irritability, restlessness, agitation, stress and anxiety

Sending or posting moody messages on social media

Talking about death or dying

Reacting differently or gradually losing interest in things they used to like

Eating more than usual or having a much reduced appetite

Sleep pattern changes with difficulty falling asleep or oversleeping

Slowing down of energy levels

If you notice any of these signs in yourself or your friends, **have a chat with your School Counsellor or teacher**,

Or contact SOS 24-hour hotline at **1767** or SOS 24-hour CareText Whatsapp at **91511767**
For cyber wellness related matters, call Help123 at **1800-612-3123*** or email **hello@help123.sg**

*available only from Mon to Fri (excluding Public Holidays), from 9am - 6pm.

Support is readily available for you.

There are other hotlines and chats available if you are more comfortable seeking help using these platforms.

SOS provides round-the-clock emotional support for those in distress, thinking of suicide or affected by suicide.

Call: **1767**

(24-hour helpline)

WhatsApp: **9151 1767**

(24-hour Care Text)

Community Health Assessment Team (CHAT) provides personalised and confidential mental health checks and consultation for youths. To speak with a youth support worker, you can:

Visit: **CHAT Hub at *Scape, 2 Orchard Link, #04-07**

Call: **6493 6500 / 6501**

Email: **chat@mentalhealth.sg**

Mindline is Singapore's national mental health helpline and textline service. The service is manned by trained counsellors who are ready to listen and support you.

Call: **1771**

(24-hour helpline)

WhatsApp: **6669 1771**

(24-Hour messaging service via WhatsApp)

Carey is an online platform by Care Corner that provides free mental health check-ins with mental health professionals. Find out more at: <https://carey.carecorner.org.sg/>

eC2 is an e-Counselling Centre where you can talk to a trained counsellor about the issues you are facing, right where you are.

Chat with a counsellor at: www.ec2.sg

Monday – Friday (Excluding Public Holidays): 10am – 12pm & 2pm – 5pm

TOUCHline is a helpline to provide youths with emotional support and practical advice.

Call: **1800 377 2252**

Monday- Friday (Excluding Public Holidays): 9am – 6pm





The O-Level examination is one milestone in your education journey, and there are many more exciting pathways ahead.

Your future holds many opportunities waiting to be discovered!

Administrative Briefing

By Year Head

Joint Admissions Exercise (JAE)

The JAE application will commence **from 4pm, 14 Jan 2026 (Wed) to 4pm, 19 Jan 2026 (Mon)**. Students can submit their application through the JAE-IS at <https://www.moe.gov.sg/jae> using their Singpass.

- From 3 pm onwards, students will receive email from MOE to inform them of their JAE eligibility.
- If the student is eligible, the same email will include Form A which contains gross aggregate scores for different institution types and the eligible courses they can apply.
- Students should check their inbox, junk or spam folder.

Joint Admissions Exercise (JAE)

- Students should consider all 12 course choices wisely and fully utilise them.
- The choices should be listed in order of preference. Students can use the **SchoolFinder** and **CourseFinder** shared in the 2026 JAE Information sheet to search for the courses offered under 2026 JAE.
- Before accessing the JAE-IS, students can refer to the **section on learn more about Form A** and how to interpret it.
- Students should use the **JAE Worksheet** as a template thereafter to prepare the relevant information.

JAE Worksheet

2026 JOINT ADMISSIONS EXERCISE WORKSHEET

This JAE worksheet is provided to assist you before you do your online course application.

(A) Personal Particulars

Please fill in your personal particulars.

NRIC/FIN : _____
Name : _____
Mobile Number* : _____
Contact Number : _____
Email Address^ : _____

*Your posting result will be sent via SMS to a valid Singapore mobile number.

^Your JAE verification slip, which captures your submitted course preferences, will be sent to this email address.

(B) Course Preference

- You can apply for courses which you meet the eligibility criteria. Please refer to your Form A for course eligibility.
- Course codes and descriptions can be found in www.moe.gov.sg/jaecourses.
- You are strongly advised to make full use of the 12 choices, where applicable.

Choice Order	Course Code
1 st	
2 nd	
3 rd	
4 th	
5 th	
6 th	

Choice Order	Course Code
7 th	
8 th	
9 th	
10 th	
11 th	
12 th	

(C) Elective Programmes

This section only applies to students who are eligible for the following elective programmes.

If you qualify and wish to apply, you must select the JC(s) offering the programme as one of your choice(s) in (B) Course Preference.

Please note that you may apply for only **ONE** Programme.

Chinese Language Elective Programme (CLEP)	Malay Language Elective Programme (MLEP)	Tamil Language Elective Programme (TLEP)
I would like to apply for CLEP in the following JC(s): <input type="checkbox"/> Dunman High School <input type="checkbox"/> Hwa Chong Institution <input type="checkbox"/> Jurong Pioneer JC <input type="checkbox"/> Nanyang JC <input type="checkbox"/> Temasek JC	I would like to apply for MLEP in the following JC(s): <input type="checkbox"/> Jurong Pioneer JC <input type="checkbox"/> National JC <input type="checkbox"/> Raffles Institution <input type="checkbox"/> Tampines Meridian JC <input type="checkbox"/> Yishun Innova JC	I would like to apply for TLEP in the following JC(s): <input type="checkbox"/> Anderson Serangoon JC <input type="checkbox"/> National JC

After you have completed this JAE worksheet, please submit your application online at
www.moe.gov.sg/jae

Joint Admissions Exercise (JAE)

Applicants can find more information on the following MOE websites:

- JAE website for more details on JAE (www.moe.gov.sg/jae)
- SchoolFinder for details of the offerings by and previous entry scores ranges from JCs and MI (www.moe.gov.sg/schoolfinder)
- CourseFinder for course offered by polytechnics and ITE, based on aggregate type and area of interest (www.moe.gov.sg/coursefinder)

Junior Colleges and Millenia Institute

- JCs & MI offer a variety of subjects and different subject combinations. They may also set their own school-based criteria for subjects offered, based on professional and student-centric considerations.
- Posting to an Arts, Science or Commerce (offered only in MI) course does not guarantee that students will be able to offer their preferred subject combinations. Students are advised to check the website of the respective JCs and MI for more details on the subject combinations offered in the Arts, Science and Commerce courses and school-based criteria for subjects offered.
- Information on JAE admission to JC and MI (<https://www.moe.gov.sg/post-secondary/admissions/jae/junior-colleges-and-millennia-institute>)

Non-Academic Requirements

- Beyond academic requirements, students should note that some polytechnic/ ITE courses may require students to meet non-academic requirements, such as passing of medical examinations, to comply with industry requirements.
- Students are advised to research these requirements to make informed choices. Information on JAE admission to **polytechnic** and **ITE** can be found in their respective links:
 - ✓ Polytechnic
(<https://www.moe.gov.sg/postsecondary/admissions/jae/polytechnics>)
 - ✓ ITE (<https://www.moe.gov.sg/post-secondary/admissions/jae/institute-of-technical-education>)

Direct School Admission (DSA) - JCs

- Successful Direct School Admission for Junior College (DSA-JC) and polytechnic and ITE Early Admission Exercise (EAE) students are not eligible to participate in JAE.
- They are expected to honour their commitment to the DSA-JC school or chosen polytechnic/ITE course for the duration of the programme that they are admitted to.

Joint Admissions Exercise (JAE)

- For students who are unable to submit their application via the JAE-IS (e.g. not eligible to apply for Singpass), or need to update their citizenship or residential address, they can submit a request for assistance using the online [JAE Request Form](#) during the JAE application period.
- Upon successful submission of their application, the verification slip will be sent to the email address provided by the student in the JAE-IS.

**Students should check their inbox, junk or spam folder. If they do not receive the verification slip email, they should re-login to JAE-IS to check on their application status.

School ICT Support

- You can use the school laptops for JAE application.
- Venue : Computer Lab 2

Date	Timing
14 Jan 2026	4 pm – 5pm
15 Jan 2026 to 16 Jan 2026 19 Jan 2026	9 am - 4 pm

**Good Job to Our
2025 Sec 4E5N
Students for their
Achievements in
the GCE O Level
Exam!**





Thank You,
Teachers



